



Lancashire Deaf News

February 2010

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Volunteering is good!

Volunteering is a two-way exchange of time, knowledge, skills and experience, and is a great way of learning more about life!

Everyone volunteers their time at some point in their life; usually with friends and family. Examples would be doing shopping for your neighbour; babysitting; driving someone to the shops or doctors; helping out at small or large events like Coffee mornings.

Why should you volunteer? There are many reasons why people should volunteer i.e. builds up confidence; gives you new life; finding new hobbies or interests; get skills and experience for a job or get satisfaction from helping other people.

You can give as much or as little of your time. Volunteering is all about what you can offer and when. You do not get paid for volunteering but your travel expenses will be paid for. ELDS has a Volunteering scheme that is open to anyone who wants to volunteer. It has over 60 volunteers on its books. Most of the volunteers are hearing and very little are Deaf people! ELDS wants to encourage Deaf people to become volunteers as it will help them build confidence and gain new skills that could be useful for their CV or employment.

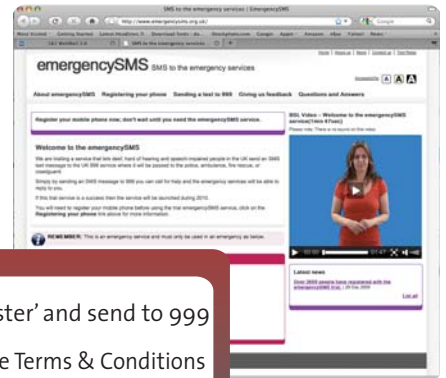
ELDS has a wide range of volunteering opportunities and there is something that suits everyone. Examples of what you could volunteer your time for; Befriending – visit those who need company; Shopping – help out elderly people with their shopping; Fundraising – help out at ELDS raising funds i.e. organise and help out at events; Children's activities – help out at Homework Clubs; trips/activities; Summer Play schemes; Minibus drivers – we are always on the lookout for new drivers!

If you are interested in volunteering get in touch with Arbab Hussain on 01254 844 550 or email arbab.hussain@elds.org.uk to find out more about what you can do and offer. All our volunteers will be subjected to Criminal Records Bureau (CRB) checks.



Emergency Text Service

We announced this in the October 2009 newsletter and said that it was a trial. It is now fully operational and we encourage you all to register with this service. The service will only work if you have a mobile phone.



Go to www.emergencysms.org.uk
Click 'Registering your mobile'
Click 'Start Registration'
Enter your mobile number
Click 'Register' after reading Terms & Conditions
You will receive a text message
Reply to text by saying 'YES' and send to 999
Will receive a text saying 'Your phone number is registered'

From your computer

Text 'Register' and send to 999
Will receive Terms & Conditions
Reply to text 'YES' and send to 999
You will receive a text message saying 'Phone is registered'

From your mobile

Christmas 2009



December was the month for many parties. Chorley Deaf Club Christmas party was held at the Haughton Arms in Chorley where everyone had good time! Lancaster Deaf club had their Xmas party at the Keys in Lancaster and the East Lancs 55+ Group celebrated by going shopping at the Trafford Centre and going for well-deserved Xmas meal afterwards!



White Water Rafting

Our next fundraising effort will be White Water Rafting! It will be an exhilarating experience and a big adrenalin rush! Have you dreamt of doing this and never had the opportunity? If so, come and put down your name! We are looking to have it in the summer months (June/July). Contact Arbab Hussain to register your interest on **01254 844 550** or email arbab.hussain@elds.org.uk



Fire Safety DVD

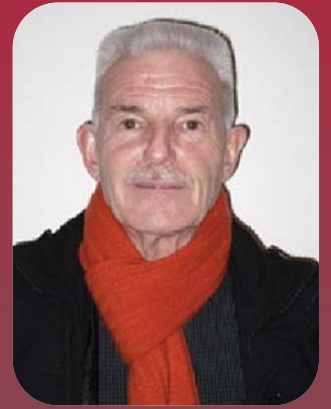
UK Fire and Rescue Services went into partnership with Fire Angel and Deafness Support Network in producing a DVD that explains how important smoke alarms are; how your local Fire & Rescue Service should come to your house and do an assessment; gives advice on how to care for your smoke alarm. This DVD is available in BSL and subtitles. Kevin Bradley has these DVD's to give out to those who are interested in having one. If you want one, come and see Kevin at the Blackburn ELDS office.

Hyndburn News

Magistrates Court – as you know Deaf people are not allowed to be on jury duty so they never really get the opportunity to see what it is like in court. You now have the opportunity to look around Hyndburn Magistrates Court; there will be a brief tour and you will be able to see the holding cells! Need a group of at least 10 people before a booking can be made. **Contact Kevin Bradley at the Blackburn Office for more information.**

Hyndburn Leisure Passport – there is a scheme for disabled people which include Deaf people. This passport entitles you to be involved in any sports activities; classes and personal training for only 50p. **Contact Kevin Bradley for more information.**

Deaf Lancashire Profile



LDN interviewed Reg Smallridge, a retired BAXI Spray Painter; currently Chairman of Keirby Walk Deaf Club (Burnley)...

How long have you lived in Lancashire? Am originally from Colchester where I met my wife Jean. We moved up to Burnley 40 years ago as houses were cheaper up north!

What is the best thing about living in Lancashire? We are near places of natural beauty like the Lake District and lots of Deaf clubs in the North West that I can visit.

What do you think about Lancashire Deaf community? There is never a quiet moment as there are plenty to do i.e. Coffee mornings; trips out; forums; Deaf clubs. One thing am disappointed about is the games playing (Darts/whist) between Deaf clubs as they don't do them now as they were popular many years ago.

What do you do as a Chair? I have been a Chairman for quite a long time! I work with the Committee i.e. treasurer & secretary. I run committee meetings; set up the agenda; set up events; make sure the room is booked. I have responsibility to make sure the Deaf club is running fine.

What is it like being a Chairman? It has its ups and downs; sometimes it's stressful and other times it feels good when things go right! I have a good committee so it makes my job much easier!

Has your deafness affected your life/work? Not really, I have managed with work situations as have good support around me. Being Deaf does not mean you can't do it! I showed I can with my spray painting! Being a Chairman of Deaf Club means no communication issues as all Deaf and can sign!

What advice would you give Deaf people who would like to be a Chair? I would say they need to be committed; work hard; be firm; need to get on with people and most importantly have time to be the Chair.

Happy 90th Birthday to Mary Wilde!

Mary who is the longest serving member of Lancaster Deaf Club will be 90 on 24th February. All her friends at Lancaster and Preston would like to wish her a happy birthday!

Sad news

Betty Reed from Fleetwood died on 31st December due to short illness. She will be missed by friends and family.

John Smith at Morecambe Deaf Club



Saturday 20th March 2010 at Regent Deaf Club, Regent Caravan Park, Regent Road, Westgate, Morecambe, Lancs, LA3 3DF

Tickets: £7.50 before 20th March £8 at the door
(includes Hot Pot Supper)

Contact: Phil 0774998854 (text)
Bev on 07799655982 (voice/text)
Clare 07732006286 (text)
Marcia 0774992254 (text)
Fax: 01524271367
Email: ppenfold1@yahoo.co.uk
or xbabybooclarx@hotmail.co.uk



Cheques payable to Regent Deaf Club and send with a self-addressed envelope to Bev Renaud at the Regent Deaf Club address above.

Burnley Office

ELDS Burnley has relocated to the Harlequin Shop. The address is still the same but it is now 26 not 28a. All services and provision will remain the same. The Coffee mornings and the forums have now been moved to Burnley Town Hall.

8 Heaton Street | Blackburn | Lancashire | BB2 2EF
tel: 01254 844550 fax: 01254 844551 minicom: 01254 262460

26 Keirby Walk | Burnley | Lancashire | BB11 2DE
tel: 01282 839180 fax: 01282 456060 minicom: 01282 839190

10 Theatre Street | Preston | Lancashire | PR1 8BQ
tel: 01772 250117 fax: 01772 828537 minicom: 01772 828537

6 Kings Arcade | King Street | Lancaster | Lancashire | LA1 1LE
tel: 01524 388298 fax: 01524 388298 minicom: 01772 828537

Events

What

When & Where

Fire Walk

Mon 15th Feb @ 6pm,
Knowles Arms

Blackburn Coffee Morning

Weds 17th Feb @ 10 am
V Fresh, Blackburn

Burnley Coffee Morning

Mon 1st March @ 10am
Town Hall, Burnley

Deaf Debate

Thurs 4th March @ 7 pm
UCLAN, Preston

Blackburn Deaf Forum

Mon 8th March @ 6 pm,
ELDS Training Room, Blackburn

Accrington Coffee Morning

Weds 10th March @ 10am,
Blind Society, Accrington

Deaf Asian Community Club

Weds 10th March @ 4pm,
V Fresh Blackburn

Burnley Deaf Forum

Weds 10th March @ 6.30pm,
Town Hall, Burnley

Blackburn Coffee Morning

Weds 17th March @ 10 am,
V Fresh, Blackburn

Preston Deaf Forum

Thurs 18th March @ 2 pm,
Preston Town Hall

Please note that Burnley & Accrington both have changed their Coffee morning locations. Burnley is at Burnley Town Hall, Manchester Road, Burnley, BB11 1JA. Accrington is at Blind Society, Bank Street, Accrington, BB5 1HP.

Deaf Asian Community Club

Every 2 weeks on a Wednesday

1st one on Wednesday 10th March

4pm – 6 pm at V Fresh Cafe, Blackburn

Contact Shivani/Arbab for more information at
Preston/Blackburn office

Operated by ELDS
Registered Charity
No. 1082340